

## J22 Tuning Guide

### Shroud Tension

Your shrouds should be adjusted as follows for maximum performance.

#### Angled Mast Step

	Uppers	Lowers
0-8 knots true	250	hand tight
8-14 knots true	250	250
14+ knots true	350	250

#### Flat Mast Step

	Uppers	Lowers
0-8 knots true	300	150
8-14 knots true	400	300
14+ knots true	450	400